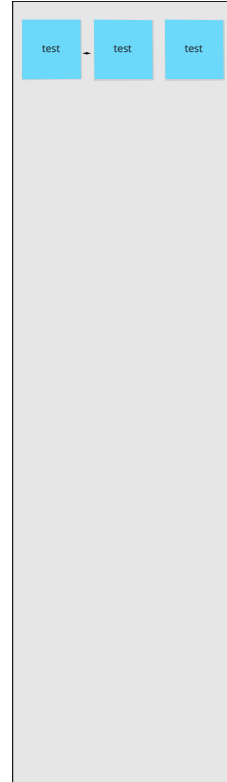
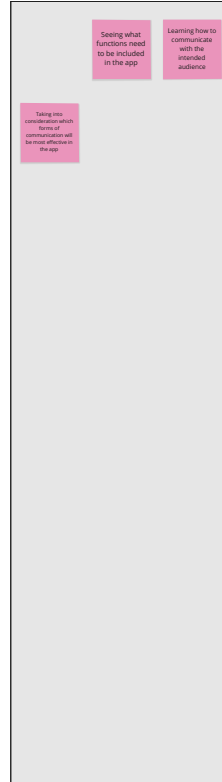
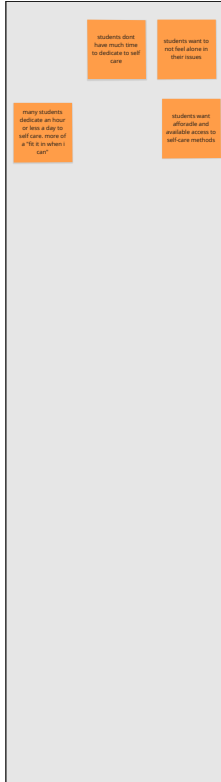
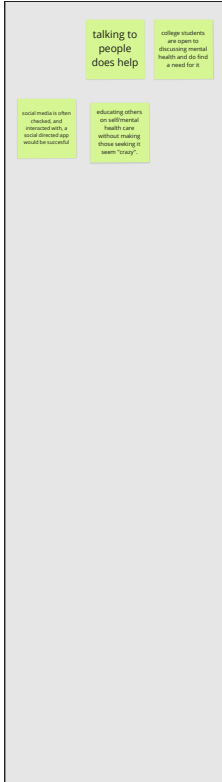
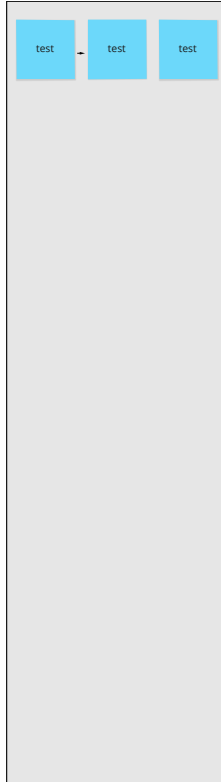
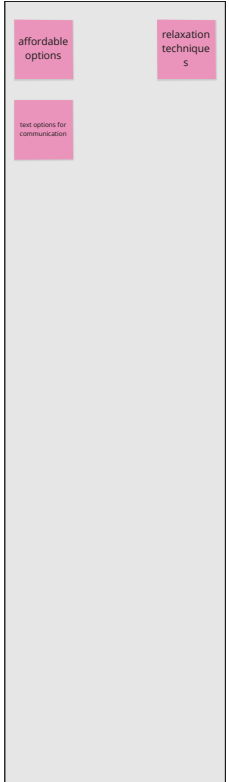
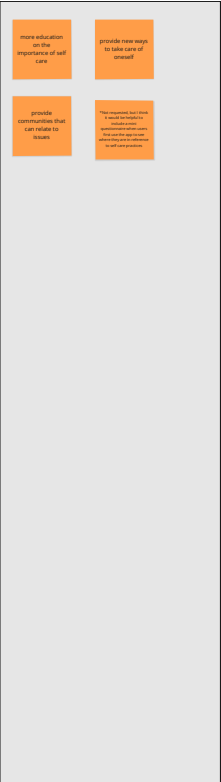
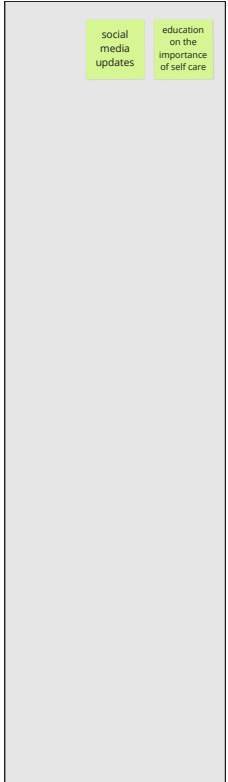
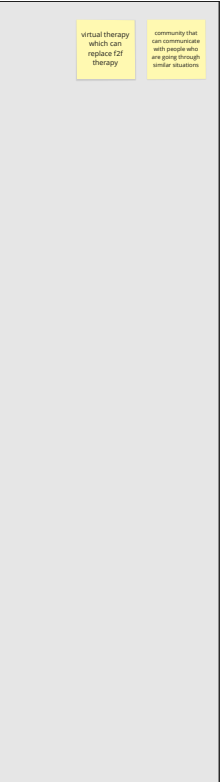


Question: What did we find most important from this interview process?



Question: What were the most requested components that we need to include in our app?



Question: What potential barriers might we face when trying to achieve all of our user's requests into our app?

due to the heavy workload, students can't spend time for self care

a lot of students struggle with finding the time to self care

limits of smooth communication between users

a lot of features might get so mixed up, we need to think how things will be organized and may come off as confusing to the users

trying to accommodate all users, things may get broad and impersonal

not finding the right opportunities for users to fit user needs

inability to include all desired components

some dissatisfaction due to differences in users' dispositions

designing the app to meet users' needs, especially considering keeping the social media culture

finding self care methods that can fit with each user's schedule

lack of users to stimulate app community

finding ways to beat competitor apps

Question: What did we learn from this interview process?

students can communicate with each other by sharing what they are going through

it is easier to talk to others about mental health and self care than expected

students don't want to feel alone in their problems

most college students are open to discussing their mental health

communication in our classes usually is lacking and sometimes asking to please allow more problems to discuss

many students have not seen a therapist before

mental health and self care education is lacking in our institutions and social circles

students want a self care app that is simple and doesn't require much time, but effective and communicable

that most college students don't feel like they spend enough time on self care

a common issue is students finding time to get advice for self care

students are aware of the importance of self care than expected

college students understand the importance of self care

a lot of students want someone they can relate to

students can spend money on their self care, but they want affordable prices or free options

the stigma surrounding mental health care is greater and we should start breaking such stigma

that most college students will never discuss their self care each day

test